



204 Somonauk Road
815.895.5282

Members receive 10% off Wellness Club entrees.
Non-members may purchase these entrees at full price. Menu items are listed at full price.

Chickie Wickie Pita\$5.85

Roasted chicken, with steamed onions and honey mustard dressing in a pita. Request the dressing be limited to 1 tablespoon or less.

Calories: 400

Fat: 14.8 g

Sat. Fat: 1.7 g

Veggie Weggie Pita\$5.70

Tomato, lettuce, onions, mushrooms, cucumbers, green peppers and sprouts with a side of raspberry vinaigrette.

Calories: 320

Fat: 12.8 g

Nutty Garbanzo\$5.60

Homemade hummus, with pecans in a pita.

Calories: 370

Fat: 11.7 g

Sat. Fat: .65 g

10% discount applies only to entrées on this list and may not be combined with any other discount or special pricing. Prices subject to change. This discount cannot be applied to regular menu entrées, beverages or gratuity. Nutritional values listed are estimated based upon recipe amounts. Actual values may vary according to preparation.